



NORTH MANDURAH JUNIOR FOOTBALL CLUB

INJURY PREVENTION AND FIRST AID POLICY 7

The North Mandurah Junior Football Club (NMJFC) recognizes that providing a safe environment is vital to the effective risk management of the club.

The NMJFC will provide a safe playing environment by;

Requiring all coaches and team managers to attend a Sports First Aid Workshop

Providing each team with a portable first aid kit

Ensuring all coaches complete a level 1 coaching accreditation

Educating coaches and players in Injury Prevention including but not limited to:

- Warm up and Cool down at training and game
- Hydration

Completing a Match Day Checklist of the ground

Ensuring all players wear mouth guards

Providing shelter from weather – sun and rain – for coaches, players and scorers

Policy Review

To ensure this policy continues to be relevant for club operation and that it reflects community expectations, the policy will be reviewed annually.

This policy has been approved by the Committee of North Mandurah Junior Football Club on 1st October 2016.